

# LOWER SIMILKAMEEN COMMUNITY SERVICES SOCIETY

715 7<sup>th</sup> Street Keremeos, BC V0X 1N3 250 499 2352 www.LSCSS.com

Job Title: Child & Youth Mental Health Clinician

Benchmark: Unclassified Classification Grid: 44

Immediate Supervisor: LSCSS Executive Director

Case Consultation through Ministry of Children and Families

(MCFD)

Bargaining Unit: UFCW Local 1518

### **JOB SUMMARY**

As a Non-Profit charitable organization, Lower Similkameen Community Services Society's mission is to provide diverse and inclusive services to meet the needs of our community, enhancing the well-being of people by creating opportunity and supporting independence.

# As a Mental Health Clinician with Lower Similkameen Community Services Society (LSCSS) providing contracted CYMH services to MCFD you will:

- Work with the Ministry of Children and Families and the School District, and in coordination with other community service providers, the Clinician will provide a range of mental health supports to children, youth, and their families, when the child or youth is experiencing serious emotional, psychological, behavioral or psychiatric challenges.
- Provide clinical services such as intake, psychosocial assessments clinical counselling, crisis intervention and therapeutic support for children experiencing severe behavioural, social, emotional disturbances and serious mental health imbalance as referred by MCFD Child & Youth Mental Health Services.
- Collaborate with multidisciplinary teams and consult with team psychologist and psychiatrists/pediatrician, develop, implement, maintain, and adjust individualized treatment plans; and perform behavioural interventions, family sessions, parent groups, psychoeducation, and individual child counselling according to a variety of theoretical models.
- Establish and maintain relationships based on respect, initiate and participate in case conferences/meetings, provide support to colleagues and consultative services to child & youth services providers for continuity of care.
- Support/empower youth and/or their family in identifying, understanding, and overcoming personal challenges, and in establishing and achieving realistic goals.
  Services are provided in LSCSS offices, schools, the client's home, and/or in a community setting.

#### Job Duties:

- 1. Participate in the MCFD intake process.
- 2. Assess needs and establish goals to develop a service plan with the participation of the child/youth/caregivers.
- 3. Develop and implement a treatment plan and deliver therapeutic intervention.
- 4. Utilize various treatment modalities and therapies for individuals, groups and/or their families, including therapy, counselling, crisis intervention, monitor psychotropic medication and other clinical activities.
- 5. Responsible for case management including evaluation of clients' progress.
- 6. Collaborate in provision of treatment with physicians, school personnel, social services and other caregivers.
- 7. Advise other professionals involved with the client when further evaluation or more intensive treatment is required. Discuss case planning and concerns with MCFD Team Lead, members of the team, as well as with other professionals in the community (i.e., social workers, probation officers), strictly respecting client confidentiality.
- 8. Identify community resources available to meet clients' needs and provide related information to clients.
- Maintain appropriate clinical/client/administrative and other records as required; provide required reports/data to MCFD. Complete all required reporting.
- 10. Promote and maintain effective working relationships with clients and families, physicians, schools and hospitals to coordinate services, secure input, cooperation, resolve conflicts, influence outcomes, provide community consultation and provide educational services and training on emotional behavioural topics.
- 11. Participate in establishing a positive, healthy, and safe team that fosters individual and team growth.
- 12. Attend regular case management meetings with MCFD CYMH to coordinate and collaborate on client's care.
- 13. Participate in staff training sessions and public education forums, seminars, and conferences relevant to specific program areas.
- 14. Maintain a thorough knowledge of community resources to meet clients' needs.
- 15. Perform other related duties as required/assigned.

#### Qualifications

 Masters in Social Work, Educational Counselling, Clinical Psychology or Child and Youth Care or comparable graduate degree at the Master's level, or equivalent. 2+

- years clinical experience working in child and youth mental services, with responsibility for providing a wide range of community based mental health services.
- Education or training in program planning, group facilitation and working with families and young children in conditions of risk.
- An equivalent combination of education, training and experience may be considered.

## Required Skills and Knowledge

- Excellent verbal and written communication skills;
- · Excellent planning, time management, file management and record keeping skills
- Proficient user of computer and other technology;
- Skilled in the delivery of client-focused services that consistently meet competency standards
- A team player who is flexible, self-motivated and able to work independently
- Criminal Record Check Vulnerable Sector
- Non-Violent Crisis Intervention training
- Mental Health First Aid
- · Indigenous Awareness training
- Naloxone training
- LGBT2Q+ awareness training
- Trauma-informed practice training
- BC Class 5 Driver's license and access to an adequately insured reliable vehicle for work purposes

# Typical Skills and Abilities

- Knowledge of child development, parenting, family systems, family violence, cross- cultural issues, community resources, group facilitation skills; and conflict resolution skills;
- Knowledge of intervention strategies related to mental health treatment such as Cognitive Behaviour Therapy, Mindfulness, and other related theories and treatment modalities.
- Knowledge of issues related to substance abuse, suicide prevention, child protection, etc.